

# SOUTHWOOD PRESCHOOL BREAKFAST & LUNCH MENU\*

## September 2017

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cold Cereal, Bananas & Juice  Bring Your Own Lunch
4 <b>LABOR DAY SOUTHWOOD WILL OBSERVE THIS HOLIDAY</b>	5 Bagels w/Cream Cheese & Juice Chicken & Rice w/Vegetables, Bread w/Butter, Dessert & Milk	6 Eggs w/Cheese, Toast & Juice Raviolis, Vegetables, Bread w/Butter, Dessert & Milk	7 French Toast w/Syrup & Juice Quesadillas, Refried Beans, Dessert & Milk	8 Cold Cereal, Cinnamon Toast & Juice  Bring Your Own Lunch
11 Cinnamon Pancakes w/Syrup & Juice  Chili, Cornbread, Dessert & Milk	12 Scrambled Eggs w/Turkey Sausage & Juice Fish Sticks, Mashed Potatoes, Vegetables, Dessert & Milk	13 Egg Sandwiches & Juice Fried Rice w/Hot Dogs and Vegetables, Dessert & Milk	14 Waffles & Syrup w/Juice Vegetable Soup, PB&J Sandwiches, Dessert & Milk	15 Cold Cereal, Muffins & Juice  Bring Your Own Lunch
18 Scrambled Eggs, Hash Browns & Juice Sloppy Joe Sandwiches, Salad, Dessert & Milk	19 Cinnamon French Toast & Milk Chicken Nuggets, Mashed Potatoes, Vegetables & Milk	20 Scrambled Eggs w/Turkey Sausage & Juice Penne Pasta, Salad, Bread w/Butter & Milk	21 Oatmeal, Fruit & Juice Hot Dogs, Baked Beans, Dessert & Milk	22 Cold Cereal, Toast w/Jelly & Juice  Bring Your Own Lunch
25 Waffles w/Syrup & Juice Corn Dogs, Vegetables, Dessert & Milk	26 Scrambled Eggs, Toast w/Butter or Jelly & Juice Rigatoni w/Tomato Sauce, Salad, Bread w/Butter, Dessert & Milk	27 Pancakes w/ Syrup & Juice Chicken Noddle Soup, Bread w/Butter, Dessert & Milk	28 Scrambled Eggs, Hash Browns & Juice Cheese Pizza, Salad, Dessert & Milk	29 Cold Cereal, Cinnamon Toast & Juice  Bring Your Own Lunch

Breakfast is served between 7:30 and 8:00a.m.

Lunch is served between 12:00 and 12:30p.m.

\*Menu subject to change without notice