

SOUTHWOOD PRESCHOOL BREAKFAST & LUNCH MENU*

MARCH 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1 French Toast w/Syrup, Strawberries & Juice Corn Dogs, Vegetables, Fruit & Milk	2 Cold Cereal, Fruit & Juice Bring Your Own Lunch
5 Cinnamon Pancakes w/Syrup & Juice Hot Dogs, Baked Beans, Dessert & Milk	6 Oatmeal, Toast & Juice Taco Bowls w/Refried Beans, Ground Beef, Cheese, Lettuce & Fritos', Dessert & Milk	7 Scrambled Eggs, Turkey Sausage & Juice Chicken & Rice, Bread w/Butter & Milk	8 Bagels w/Cream Cheese or Jelly & Juice Cheese Pizza, Salad, Dessert & Milk	9 Cold Cereal, Cinnamon Toast & Juice Bring Your Own Lunch
12 Egg Burritos & Juice Raviolis, Corn, Bread w/Butter & Milk	13 Pancakes w/Syrup & Milk Quesadillas, Refried Beans, Fruit & Milk	14 Eggs, Breakfast Potatoes & Juice Chicken Noodle Soup, Sandwiches & Milk	15 Waffles w/Syrup & Juice Macaroni & Cheese, Veggies, Fruit & Milk	16 Cold Cereal, Fruit & Juice Bring Your Own Lunch
19 Eggs, Hash Browns & Juice Tomato Soup, Grilled Cheese Sandwiches, Dessert & Milk	20 French Toast w/Syrup & Juice Enchiladas, Refried Beans & Milk	21 Pancakes, Fruit & Juice Rigatoni w/Meat Sauce, Dessert & Milk	22 Bagels w/Cream Cheese or Jelly & Juice Creamed Chicken & Rice, Vegetables & Milk	23 Cold Cereal, Croissants & Juice Bring Your Own Lunch
26 French Toast w/Syrup & Juice Sloppy Joe's, Salad, Dessert & Milk	27 Eggs, Tarter Tots & Juice Penne Pasta, Salad, Dessert & Milk	28 Waffles w/Syrup & Juice Chicken Fried Rice w/ Vegetables & Milk	29 Eggs, Turkey Sausage & Juice Soft Tacos w/Refried Beans, Ground Beef, Lettuce, Cheese ,Tortillas & Milk	30 Cold Cereal, Muffins & Juice Bring Your Own Lunch

Breakfast is served between 7:30 and 8:00a.m.
Lunch is served between 12:00 and 12:30p.m.
*Menu subject to change without notice