

SOUTHWOOD PRESCHOOL BREAKFAST & LUNCH MENU

April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
1 Bagels w/Cream Cheese & Juice Mostaccioli & Meat Sauce, Salad, Dessert & Milk	2 Scrambled Eggs w/Cheese, Turkey Sausages & Juice Chicken & Rice, Dessert & Milk	3 Oatmeal, Toast & Juice Penne Pasta, Salad, Bread w/Butter, Dessert & Milk	4 Pancakes w/Syrup & Juice Turkey Corn Dogs, Vegetables, Dessert & Milk	5 Cold Cereal, Fresh Fruit & Juice Bring Your Own Lunch
8 Pancakes w/Syrup, Fresh Fruit, Coffee & Juice & Juice Spaghetti w/ Meat Sauce, Salad Bread w/Butter, Dessert & Milk	9 Chilaquiles w/Potatoes, Refried Beans, Fresh Fruit Coffee & Juice Chicken Noodle Soup, Bread w/ Butter, Dessert & Milk	10 Waffles w/ Syrup, Fresh Fruit, Coffee & Juice Turkey Hot Dogs, Baked Pork & Beans, Dessert & Milk	11 Chorizo & Eggs, Potatoes, Refried Beans, Fresh Fruit, Coffee & Juice Vegetable Soup, PB&J Sandwiches, Dessert & Milk	12 Cold Cereal, Fresh Fruit, Cinnamon Rolls, Coffee & Juice Grandparent's Day Bring Your Own Lunch
15 Eggs & Cheese Sandwiches & Juice Cheese Pizza, Salad, Dessert & Milk	16 Waffles w/ Syrup, & Juice Lentil Soup, Bologna Sandwiches, Dessert & Milk	17 Pancakes w/ Syrup, & Juice Taco Bowls w/Beans, Ground Beef, Cheese, Lettuce, Dessert & Milk	18 Yogurt w/ Granola & Fruit & Juice Beef Ravioli /Vegetables, Bread w/ Butter, Dessert & Milk	19 Cold Cereal, Muffins, & Juice Bring Your Own Lunch
22 Cinnamon Apple Pancakes w/Syrup & Juice Cheese Enchiladas, Refried Beans, Dessert & Milk	23 French Toast w/ Syrup & Juice Fish Sticks, Mashed Potatoes, Dessert Fruit & Milk	24 Egg & Cheese Sandwiches & Juice Macaroni & Cheese, Vegetables, Dessert & Milk	25 Bagels w/ Cream Cheese & Juice Creamed Chicken & Rice, Vegetables, Dessert & Milk	26 Cold Cereal, Cinnamon Toast, & Juice Bring Your Own Lunch
29 Pancakes w/ Syrup & Juice Sloppy Joe's, Salad, Dessert & Milk	30 Eggs & Cheese Sandwiches & Juice Quesadillas, Refried Beans, Dessert & Milk			

Breakfast is served between 7:30 and 8:00a.m.
Lunch is served between 12:00 and 12:30p.m.
*Menu subject to change without notice